

Wizarding Wellness

A Harry Potter Themed EMOTIONAL INTELLIGENCE GROUP

Group sessions focus on emotional intelligence and social skills using Harry Potter themes and metaphors. Each session is held on a **Monday** from **12:30-2:00** at **The Housson Center** and focuses on a different life skill or lesson. Students may register for any and all sessions!

MONDAYS

**5TH, 6TH, 7TH AND
8TH GRADE
wizarding students:
12:30-2:00**

Session 1: June 17

Session 2: June 24

Session 3: July 8

Session 4: July 15

Wizarding Topics Include:

MANAGING STRESS, EMOTIONAL IDENTIFICATION, FRIENDSHIPS AND
RELATIONSHIPS, COPING SKILLS, MINDSET, MINDFULNESS,

Register your wizard!

Call (214) 351-0053 or email info@thehoussoncenter.com

Limited spots available ⚡ \$150/session

Facilitated by Kristy Sender, M.Ed., LPC-S, NCC, RPT